

To parents/guardians and children

Vaccination against COVID-19 for children aged 12 or older



Folkhälsomyndigheten

COVID-19 is a highly contagious disease. The vaccination will give you effective protection against the disease.

Both children and adults are at risk of getting ill from COVID-19. Most children will only experience mild symptoms but there are children who have become seriously ill or ill for a long period of time. The vaccine helps the body to protect itself against the disease. All children who have reached the age of 12 can now get vaccinated against COVID-19. Vaccination is completely voluntary and free of charge.

The virus spreads easily

COVID-19 is a contagious disease. Staying at home when you are infected with Covid does reduce the risk of spreading the virus - but it does not stop it completely. Vaccination is the most effective way to protect our children against COVID-19.

Vaccination protects

The vaccines have been carefully tested to ensure safe use on children and protect them from serious illness. Millions of children around the world have already been vaccinated against COVID-19.

You can still get infected with the coronavirus even if you are fully vaccinated - though it is quite uncommon. If it did happen, however, you would probably only feel a little bit unwell. Even if you are fully vaccinated against COVID-19, you must continue to stay at home if you have a cold or feel unwell.

About the vaccination

Before the vaccination, you will be asked a few questions about your child's current state of health, possible allergies, etc. The vaccine is injected into your child's upper arm.

How your child might feel after the vaccination

Most people feel fine after the vaccination. Some may experience increased tiredness, temperature, aches and chills. This is a normal reaction and will usually disappear after a few days of rest. There could also be some tenderness in the arm where the injection was given.

Serious side effects of the coronavirus vaccine are very rare. However, if you feel unwell or experience any unusual symptoms after the vaccination, you must seek immediate medical care. One extremely rare side effect of the COVID-19 vaccine is inflammation of the heart muscle. This is often accompanied by pains in the chest and breathing difficulties. It is more common, however, to get inflammation of the heart muscle after a virus infection such as the coronavirus than after a vaccination against COVID-19. If your child is not feeling well, call the Healthcare Guide (Vårdguiden) on 1177 for advice and guidance.

QUESTIONS?

It is only natural to have questions before a vaccination. Talk about the vaccination at home and read through this information together with your child.

For more information, go to

- www.1177.se
- www.folkhalsomyndigheten.se

Visit www.1177.se to find out what applies in your area and how your child can get vaccinated.

For further information in a language other than Swedish, please call **08 123 680 00**.

